

Greetings Reader, Welcome to the 2nd edition of the Inclusion Newsletter. Thankyou to all who have made suggestions and provided content for the newsletter, It has been very helpful.

Interview with Sophie - IC Student & Aspiring Nail Technician

How long have you been practising to become a nail technician for?

A. 2 years on/off, but have started to focus a lot more in the past 3 months

What do you enjoy about doing nails?

A. I was always interested in becoming a counsellor of some kind, doing people's nails is a bit like counselling as people often treat having their nails done a bit like therapy.

I also enjoy the creativity



What skills are important for an aspiring nail technician?

A. Patience, coordination, people skills, time management, confidence

Would you recommend pursuing a career as a nail technician?

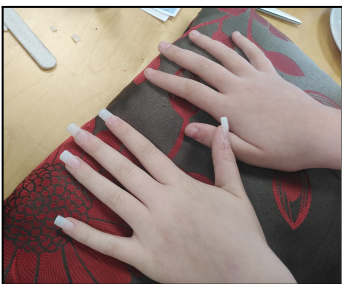
A. It is a good career path, However if you are self employed then income is inconsistent. In a salon you are under pressure of time.

What do you think would be the best way to start learning to do nails?

A. Get a beginner kit, and just get going. The best way to learn is to just do it. Youtube tutorials also help.

Is there anything else you would like to say to an aspiring nail technician?

A. Don't stop, keep motivated, make it your passion and not your job, and have patience as it will take time to learn.



Interview with Tea - IC Student

What is your opinion of the nail salon at IC

A. It's really amazing

Is learning to do nails something you are interested in.

A. Yes

How long do acrylics last?

A. About a month

Source: Interview With Sophie B & Tea B

Image Credits: Anna Moores (Photographer) & Sophie B & Tea B

New At Inclusion: Inclusion DVD Library.



The Inclusion DVD library is now accessible to all.

It is located on the ground floor, opposite the nail salon.

Come and browse through the variety of DVDs available. There are many genres to choose from,

If you would like to take one home, then just let your tutor know, and they will help you.



Image Credits:
Anna Moores (Photographer)
& LJ (Pictured)

Editor: Jack Cunningham

Contact Us:

anna.moores@inclusionhampshire.org.uk
michael.collins@inclusionhampshire.org.uk



R.I.P - Queen Elizabeth II
1952 - 2022

Chocolate Chip Cookies

Ingredients:

- 175g Butter melted,
- 220g Demerara Brown Sugar,
- 110g Caster sugar,
- 1 Tbsp Vanilla Essence,
- 1 Egg,
- 1 Egg Yolk,
- 360g Self Raising Flour,
- 2 Cups Chocolate Chips,

1. Preheat the oven to 165°C,
2. Line two baking trays with baking paper.
3. In a large bowl, whisk together butter, brown sugar and caster sugar.
4. Beat in vanilla essence, the egg, and the egg yolk until light and creamy.
5. Fold in the flour until combined then stir in chocolate chips.
6. Drop rounded tablespoons of the dough on the trays.
7. Bake for 15-17 minutes until golden.

Credit: Anonymous

Image Credits: Anna Moores (Photographer) & RR (Pictured)

Question Of the Week:

“What would you have as a pet if it could be absolutely anything?”

“I would have a poodle named Tony with a broadsword strapped to its back.” - Sam A

“I would like a nice, little cute toad.” - Georgia A

“I would like a pademelon.” - Alex E

“I would like a one-eyed golden retriever with dwarfism and an eye-patch over his left eye.” - Findlay G

“I would love to have a Samoyed, which is a completely white dog.” - Felix

“I’d love a twee little terrapin” Eileen C

“I’d love a flying squirrel. They’re very cool” - Brandon B

“A fox because they are cute and like a dolphin engineered into the body of a cat” - Scott B

“A hyena because they are cute” - Lewis J

“I would have a snail called Michael with a deep voice” - Mac

Question For Next Week:

If you could go anywhere, where would you go?

Quotes From Students:

*We are the wanderers of the earth,
not the landowners.*

*We should start to treat it like a treasure,
not our property.*

- Scott B

Life is short

- Lewis J

Money often costs too much

- Brandon B

You

Are unique
Are smart
Are talented
Are worth it
Are special
Are valued
Are amazing
Are loved

- Tabs' Quote of the Week



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michael.collins@inclusionhampshire.org.uk

Interesting People From The Past

Person 01: Anne Lister

Anne Lister (3rd April 1791- 22nd September 1840), was an English landowner and diarist from Halifax, West Yorkshire. Throughout her life, she kept diaries. That chronicled the featiols of her daily life, including her lesbian relationships, her financial concernsm her industrial activities, and her work imnpoving Shiadan Hall.

Her diaries contain 7,720 pages more than 5 million words and a sixth of them- those concerning the intimate details of her romantic and sexual rellionships- were written in code.

The code, derived from a combination of algebra and ancient Greek was deciphered in the 1930's.

Lister is often called; 'The first modern lesbian.' for her clear knowledge and openly lesbian lifestyle.

Lister fell in love with a wealthy heiress, Ann Walker, and the two eventually took communion together on Easter Sunday, (30th March 1834), in Holy Trinity Church , Goodramgate, York, and thereafter, considered themselves married, but without legal recognition. The couple lived together at Shibden Hall until Lister's death in 1840.

The 2019 BBC - HBO historical TV drama series, "Gentleman Jack", starring Sranne Jones, as Lister, is inspired by two booksabout Lister by Jill Liddington, "Female Fortune " and Nature's Domain". Liddington also acted as a consultant for the series.

Source: Anonymous

1	3	2	7	4	8	6	5	9
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Answers for last weeks Sudoku

New Inclusion Pet



Spiny Flower Mantis
(*Pseudocreobotra wahlbergii*)

This week the college has acquired a new pet. To complement the roster of pets already present at the college.

It is about 1cm in size and may grow to a few inches tall. And is yet to be named.

The Spiny Flower Mantis live for about 1 year.

Now onto the name. Marie is planning on creating a poll to decide the name of the Mantis. So make sure to look for this in your Student Email.

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Contact Us:

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michael.collins@incusionhampshire.org.uk

Artwork Submissions

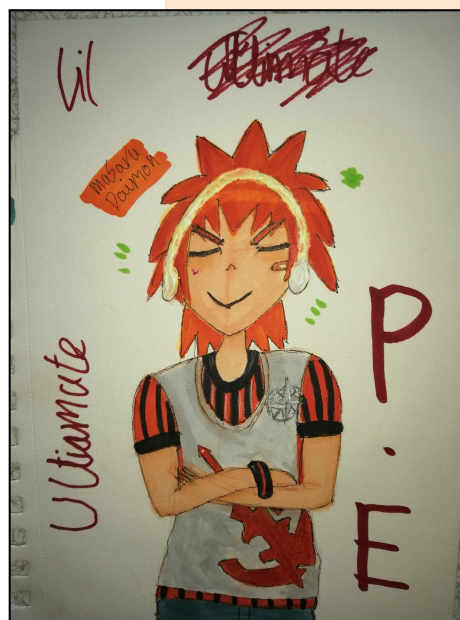


Kotoko Utsugi
By Atticus Munt



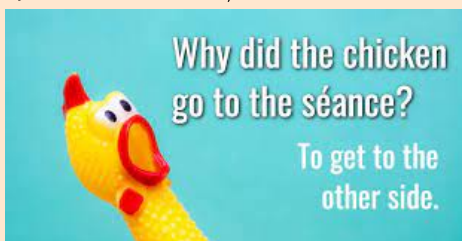
The Mad Hatter
By Sam D

Masaru Daimon
By Atticus Munt



Student Jokes:

Jokes Submitted By Connor H



Why do we tell actors to "break a leg?"

Because every play has a cast.

Song Submissions



"Wandered to LA"
- Juice Wrld (Brandon B)



"Shihi Hutu"
- The HU (Scott B)



"Not Over Yet"
- KSI (Lewis J)



"Vermillion Pt. 1"
- Slipknot (Mac)

Movie trivia quiz:

"Who voiced Woody in Toy Story?" -
Brandon B

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