

Anti Bullying & Fighting Gender Stereotypes Campaign



Monday was odd socks day, staff and students competed on wearing the oddest socks.

On Tuesday, Inclusion College presented a short video on Anti Bullying. Which explained the different types of bullying and how and where to get help.



“Anti-bullying week, incorporating Odd Socks Day and the showing of our students made video on ‘Anti-bullying’, has been a great opportunity to discuss the harmful impact of bullying, and to highlight that anyone can be bullied at any time, as well as the importance of reporting any incident to someone you trust, if it happens to you.”

-Anna Moores

Interview with Jade



What is your role at inclusion?

My role at Inclusion is to support learners, by helping develop creativity in literature and creative writing

Are you enjoying working at inclusion?

Yes, definitely, it nerve racking but never a dull day

What do you think of inclusion?

I think it's a different working environment that caters to different individuals' needs. I like that it feels like I'm making a positive impact on people's lives.

Closing thoughts

I just want to say, I'm looking forward to seeing the future inclusion events. .

Credits: JCM (Interviewer),
JN (Interviewee)

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Hope you enjoy this week's recipes!

- Jade Neale.

Made this week in the Inclusion Kitchen: Chocolate Chip Muffins

Step 1

Heat oven to 200C/180C fan/gas 6 and line a 12-hole muffin tin with paper cases. Sift the flour and bicarbonate of soda into a large bowl, then stir in the chocolate chips and sugar. Add the beaten eggs, yoghurt and butter, and stir to combine. It doesn't matter if the mixture looks a bit lumpy, it's more important not to overmix or the muffins will turn out tough.



Step 2

Fill the paper cases and bake for 20-25 mins until risen and golden brown. Transfer to a rack to cool - or eat slightly warm. Will keep for three days in an airtight container.

Ingredients

250g self-raising flour
1 tsp bicarbonate of soda
150g chocolate chips, milk, white, dark or a mix of all three
100g golden caster sugar
2 eggs, lightly beaten
150ml natural yoghurt
100g unsalted butter, melted

Made this week in the Inclusion Kitchen: Quesadilla



Step 1:

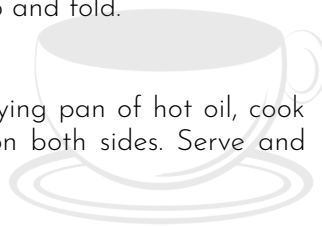
Cook the mince in a saucepan with oil. Once browned add diced onion and seasoning.

Step 2:

Place a spoonful of mince onto the large tortilla wrap, add the salad on top of the mince, place the regular tortilla on top and fold.

Step 3:

Place in a frying pan of hot oil, cook until brown on both sides. Serve and cut in half.



Ingredients

500g beef mince
Tin of sweetcorn
Grated cheese
Lettuce
Whole large tomatoes
Cucumber
Onion
Large tortilla wraps
Small (regular) tortilla wraps
Paprika, Italian seasoning, mild chilli powder (for seasoning mince)

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Inclusion Pet Update

Carlos is happy and eager to eat his wax worms, when we open the door to his enclosure he always tries to climb out to get to the wax worms.

Gibbs the Crested Gecko is very happy because he shed his skin last week. This is the first time he has shed since coming to college. When lizards shed they become quite grumpy. You have to keep their moss damp so their skin stays hydrated. This helps them shed.



On monday we spotted 2 new fishlets, they are extremely small. Last week's new fishlet has grown and is beginning to venture out of the pompom. Unfortunately we have had 1 Fish Fatality this week.

The 4 giant african land snails seem to have settled in well and are really enjoying their cucumber.

Pet Gallery



Charlie - Jane H



Poppy - Jane H



King Archie Cassidy - Jade

Student and Staff Pets Quotes

King Archie Cassidy's hobbies include sleeping and being spoiled.
JN

My dog ran away yesterday but he came back.
JCM

My pet ferret Mowgli drank my hot chocolate.
CS

My Hamster Vector almost escaped her ball.
Leigh-Anne

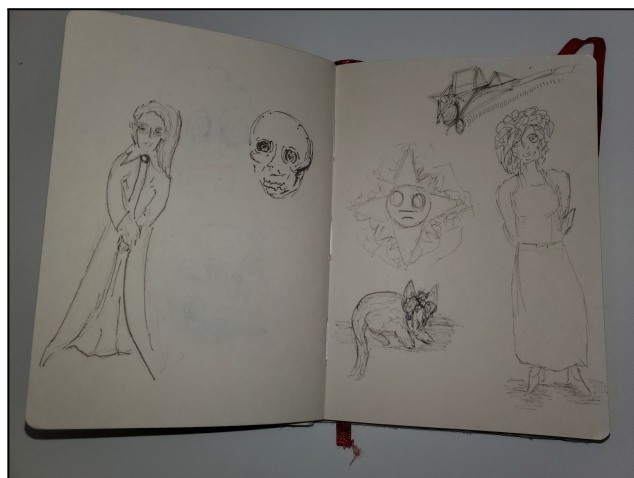


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Vivid Showcase



Untitled Artwork by Steph

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Student Articles

The Gender Divide of the Online World

How much has really changed since Charlotte Bronte had to change her pen name to Currer Bell, knowing by using a male name would ensure more people were likely to read her work.

The online gaming community is split roughly 50% male and 50% female. The majority of games played by men are the popular action and competitive games, which get a lot of media coverage, such as FIFA, GTA and COD. Women and girls tend to play less action-oriented games such as Sims, Minecraft, and Survival games. Whilst women and girls do still play the big action and competitive games, you would be less likely to find another female playing: perhaps 2/5 players will be women.

The majority of girls that go on a game take precautions such as acting extra polite. This is because women are held to a different standard when playing games: if they react the same way a man does, such as screaming or shouting in anger or frustration, they are often accused of being hysterical or overreacting. Girls often feel an extra level of pressure to perform well and to be taken seriously when playing competitive games.

Other women can sometimes not be supportive of each other and can join in with the male players, against another girl, in order that they don't get victimised themselves or they feel that is a fine way to behave.

Is there a solution to all of this?

It is a very difficult problem to solve because of the anonymity granted from being online, this results in people not caring how others view them and their actions; as they are shielded from taking responsibility.

One possible solution would be for the gaming companies to take it more seriously when people report problems. And ensure offenders would be sanctioned. But in reality this takes time to implement and maintain and companies often lack the motivation to implement proper precautions.

Another more promising solution is through education. Education could help to shape online etiquette. Young people could learn the consequences of their potential actions online, as the main problem is one of culture.

The culture of trash talking is too accepted, due to the fact that it is said from behind the screen.

Credit: Written by Sid, Edited by JCM



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Game Review: Monster Hunter World



This game is fantastic, it has a good story which gives your character purpose and a sense of direction but it never gets in the way of the game play.

But the game-play is what makes this game shine. It is an excellent mix of fluid combat with a high skill ceiling and exploration and gathering. The game is quite challenging; however, there is always a way to give yourself the upper hand, such as using the environment to your advantage. This keeps the game-play interesting and results in you improving though both your gained knowledge and improved skill.

This game is incredibly enjoyable to play and is one of my favourite games of all time. The game-play never feels tiring or tedious and it feels a bit spooky how I can spend 40 minutes in a quest but it only felt like 5.



Song Suggestions

Shotgun - George Ezra (CS)

Zombie - Cranberries (Anon)

Head over Heels - Tears for Fears: Just 80's goodness (JN)

The Man Who Sold The World - Midge Ure's version: A very strange and different rendition of David Bowie's iconic song (Anon)

Question Of The Week

If you could invite 5 people to dinner from any point in time who would they be?

Margaret Thatcher, Kurt Cobain, Marilyn Monroe, Malcolm X, Nigella Lawson to cook the dinner! (CS)

The Jackson 5 (AE)

My grandad, RJ, Martin Luther King, Chadwick Boseman, The Rock (KF)

The Devil (RJ)

Catherine Parr, Jack Whitehall, Gary Neville, Lizzo, Freddie Mercury (NN)

Adolf Hitler, Stephen Hawking, Vladimir Lenin, William the Conqueror, Ulysees S Grant (Mac)

Karl Jung, Robin Williams, Kate Moss, Maya Angelo, My dad (MG)

Billie Eilish, Harry Styles, Johnny Depp, Winona Ryder, Olivia Rodrigo (KP)

Kurt Cobain, Halsey, Florence Pugh, King Krule, Timothee Chalamet. (JN)

Question For Next Week

You are going to be trapped on a remote island forever; what would you bring?

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