



# CHARLENE ALLARDYCE

SUPPORT WORKER

## WHAT DO YOU DO AT INCLUSION ?

I support the students with their educational learning, life & wellbeing, English and Maths, plus I cook with them teaching them life skills. I help the learners to become more independent and help equip them with skills going forward.

## CONTACTS:

[charlene.allardyce@inclusionhampshire.org.uk](mailto:charlene.allardyce@inclusionhampshire.org.uk)

or phone the office on 01256 587 718

## GETTING TO KNOW THE TEAM

### WHAT IS YOUR SUPERPOWER?

Empathy and compassion.

### WHAT UPSETS YOU?

Injustice, unkind people and not starting the day with a cup of coffee.

### WHAT ARE YOU GOOD AT?

I am passionate about helping others, and bringing empathy.

### WHAT DO PEOPLE NEED TO KNOW ABOUT YOU?

I love pugs and I have first hand experience with anxiety / OCD.

### WHAT IS YOUR FAVOURITE SAYING?

"Choose your love and love your choice".

